

Catholic Charities of Kansas City-St. Joseph announces

## Caring Communities Resource Centers



**Ageing comes with many blessings.**

**Wisdom, perspective, history,  
appreciation of life...**

**But there are also challenges.**

**We can help you face those  
challenges with dignity and grace.**

Caring Communities Resource Centers is a program for older adults and the people who care for them. The one-stop shop program provides services for those who visit the center.

We can help you with:

- individual counseling regarding Medicare and insurance programs
- guidance with healthcare system
- accessing the needs that you or a loved one might have
- plans for day-to-day care
- identifying community resources/referrals
- blood pressure, cholesterol and glucose screenings provided by a registered nurse
- a compassionate ear to listen to the challenges you might be facing

Feel free to stop by and discuss any issues or questions you might have about staying independent at home or the care giving role. Experienced professionals from Catholic Charities will be at center to help with a kind, compassionate heart and answers for your concerns.

**Every Friday**

**9 am - 1 pm**

For additional information on these services or other community resource centers, please call Susan Rohrmeier at 816-221-2178 ext 339 or email [srohrmeier@ccharities.com](mailto:srohrmeier@ccharities.com).

Hosted by the Ray County Senior Center

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